



# CFF Pop Warner Challenger Division Football & Cheer for Kids with Disabilities



# Be a CFF Carolina Challenger!



*The Challenger Division is a Pop Warner flag football and cheer program for youth ages 5 to 18 with physical and/or intellectual disabilities who are enrolled in school.*

*The Challenger program provides a safe and structured environment for everyone to participate in the great sports of football and cheerleading.*

## REGISTER NOW!!!

### The season begins in September!

Download the registration form and physician approval form from [www.cff-popwarner.com](http://www.cff-popwarner.com) and mail to  
CFF Challenger Division, 4500 Oak Park Road, Raleigh, NC 27612  
or fax to 919-645-9587

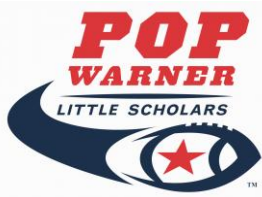
## REGISTRATION IS FREE!!!

Combined practice and game on Saturdays during September and October.

For more information, go to [www.cff-popwarner.com](http://www.cff-popwarner.com),  
e-mail [challenger@cff-popwarner.com](mailto:challenger@cff-popwarner.com) or call 919-349-6249.

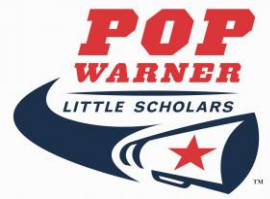
The Consolidated Football Federation has Pop Warner associations in Wake, Durham, Orange, Johnston, Warren and Lee counties. The Consolidated Football Federation thanks the Carolina Panthers for its generous support of the CFF's Challenger Division, which makes it possible for the CFF to provide this program free to its participants.





# Consolidated Football Federation

www.cff-popwarner.com



## 2011 Carolina Challengers Registration

Mail completed registration form and physician approval form to CFF Challenger Division, 4500 Oak Park Rd., Raleigh, NC 27612 or fax to 919-645-9587. For more information, e-mail challenger@cff-popwarner.com or call 919-306-3822.

Thanks to the generosity of the Carolina Panthers Charities, registration for the CFF's Challenger Division is free.

Registering for:  Flag Football  Cheer

Player's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Disability: \_\_\_\_\_

Parent's/Guardian's Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: (\_\_\_\_) \_\_\_\_\_ Work Phone: (\_\_\_\_) \_\_\_\_\_

Cell Phone: (\_\_\_\_) \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Emergency Contact Person: \_\_\_\_\_

Home Phone: (\_\_\_\_) \_\_\_\_\_ Cell Phone: (\_\_\_\_) \_\_\_\_\_

School for 2011-2012: \_\_\_\_\_ Grade: \_\_\_\_\_

Uniform Shirt Size (check one):

Youth Small  Youth Medium  Youth Large  
 Adult Small  Adult Medium  Adult Large  Adult XL  Adult XXL

Medications, dietary restrictions and allergies (please explain): \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Would you like a Buddy provided?  Yes  No

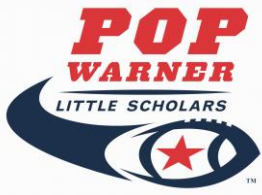
You have my permission to use photos of my child in promotional materials.  Yes  No

### RELEASE BY PARENT OR LEGAL GUARDIAN

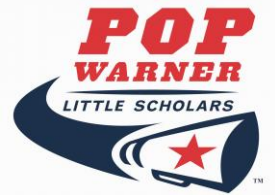
I/we, the undersigned parent(s) or legal guardian(s) of \_\_\_\_\_, hereby give my/our consent for the above named child to participate in the activities associated with Pop Warner Little Scholars football and/or cheerleading programs during the 2011 season. I/we understand that while serious injuries are rare, they are possible. By my/our signature(s) below, I/we give consent for officials of the Consolidated Football Federation and/or its associations to obtain emergency medical treatment for the participant in my/our absence. I/we also understand that the CFF/its associations are required to provide Pop Warner or other accident insurance. HOWEVER, THIS INSURANCE IS SUPPLEMENTAL INSURANCE. I/we understand and agree that I/we are responsible for providing PRIMARY insurance. I/we hereby recognize that any noncompliance with any and all rules or regulations of Pop Warner Little Scholars or any of its member organizations may be cause for discipline and/or dismissal of my child/the participant, myself and/or any spectators or other persons affiliated with the undersigned and the above named participant.

SIGNED: \_\_\_\_\_ DATE: \_\_\_\_/\_\_\_\_/\_\_\_\_ Relationship to participant: \_\_\_\_\_

SIGNED: \_\_\_\_\_ DATE: \_\_\_\_/\_\_\_\_/\_\_\_\_ Relationship to participant: \_\_\_\_\_



Consolidated Football Federation  
www.cff-popwarner.com



## 2011 Challenger Division Physician's Statement and Clearance Form

I hereby give my physician permission to release any pertinent medical information from any medical records to the Consolidated Football Federation related to (participant's name) \_\_\_\_\_.

All information will be kept confidential.

Parent's/Guardian's Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

### Physician's Use Only Certificate of Physical Fitness

Participant's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

\_\_\_\_ I concur with my patient's participation in Pop Warner Little Scholars Challenger Division with no restrictions.

\_\_\_\_ I concur with my patient's participation in Pop Warner Little Scholars Challenger Division if s/he restricts the following activities:

\_\_\_\_\_

\_\_\_\_ I do not concur with my patient's participation in this program. Reason(s):

\_\_\_\_\_

I certify that I am a Licensed State Medical Examiner, i.e., Medical Doctor, Registered Physician's Assistant or Registered Nurse Practitioner, and that I have medically examined the participant named above after January 1 of the current year.

Examining Physician (print name):

\_\_\_\_\_

Examining Physician (signature):

\_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

## **Consolidated Football Federation Challenger Division FAQs**

### ***Where will the Challenger Division be available?***

The Consolidated Football Federation (CFF) is a Pop Warner league with 15 associations: Apex, Capital City, Cary, Cleveland, Durham, Fayetteville, Garner, North Raleigh, Orange County, Sanford, Soul City, South Johnston, Tri-County, Wake County, Wake Forest, Wilders Grove. Team structure will be based on the number of participants. In previous seasons, all participants met together and were divided into teams on a weekly basis. As the program grows, associations will be participating in the Challenger Division, either fielding their own teams or partnering with another association to form a Challenger Division team. All registrations will be collected by the Consolidated Football Federation which will determine where the teams will be fielded based on the number of registrations in the various geographical areas.

### ***Who can participate?***

According to Pop Warner Little Scholars national guidelines, participants with physical and/or intellectual disabilities ages 5 to 18 who are enrolled in school are eligible to participate. Each participant has to get documented physician approval to participate. Final decision of eligibility rests with the association/CFF, especially in situations where the safety of a participant or other participants is affected.

### ***How do you register and how much does it cost?***

Due to the generosity of the Carolina Panthers Charities, registration for the Challenger Division is free. To register, go to [www.cff-popwarner.com](http://www.cff-popwarner.com) and download the registration form and the physician statement. Mail the completed forms to CFF Challenger Division, 4500 Oak Park Road, Raleigh, NC 27612 or fax to 919-645-9587. If you have questions, call 919-306-3822 and leave a message and someone will get back to you within 24 hours.

### ***When are practices?***

Practices will be held in coordination with the games.

### ***When and where are the games?***

Games are played on Saturdays in September and October. The season usually starts the first Saturday after Labor Day. The game time will vary from week to week. Games will be played at fields throughout the Consolidated Football Federation area. Note that an adult family member for each participant has to stay at the games.

### ***Who can be a buddy? What does the buddy do?***

Some kids with disabilities will need a "buddy" on the field. The buddy must be at least 13 years old and can be a parent, sibling or friend of the participant. The association will also have volunteer buddies for kids who need a buddy. Non-family members will have to complete a volunteer application and will be subject to a criminal background check. The buddy needs to be responsible and aware of everyone's safety.

***How are the coaches chosen? What kind of training do they receive?***

We are looking for coaches who are patient, enthusiastic and have some knowledge of the sport. Often, parents sign up to coach the football and cheer teams. We have others in the community who also volunteer to coach. All coaches must complete the Pop Warner volunteer application and pass a criminal background check. One coach on each team must have current first aid and CPR certifications. The coaches also have to have certification from one of the national programs recommended by Pop Warner (this certification program is generally offered online or in sessions provided by the Consolidated Football Federation). If you are interested in coaching, you can download the Pop Warner volunteer application from [www.cff-popwarner.com](http://www.cff-popwarner.com) and mail it to Challenger Division, 4500 Oak Park Road, Raleigh, NC 27612.

***What accommodations will be made to ensure accessibility?***

There may not be enough accessible parking at each field for all Challenger Division participants who need it. Associations will evaluate their parking logistics and provide options, as necessary, such as a drop-and-park area. Each field will attempt to have an accessible restroom. Transportation is not provided to participants. Interpreters must be provided by the participants who need them.

***What are the Challenger Division rules?***

The Challenger Division follows Pop Warner flag football rules with modifications as noted in the rules. Some of the other rules that apply specifically to the Challenger Division are:

- All children ages 5 to 18 who are currently enrolled in school with physical or intellectual disabilities.
- Level of play based on size, age and skill level are recommended where numbers allow.
- Teams must roster a minimum of 10 and no more than 28 players.
- Games are played with a minimum of five (5) players on each side.
- No score is kept.
- Teams are permitted one (1) game per week.
- All players receive equal number of plays.
- Field may be standard 100 yards or programs may opt to use a 50-yard field.
- Team jerseys and flag provided for every participant.
- One coach permitted on the field at all times.
- Teams play two 25-minute halves with a running clock.

***Where do I get more information?***

The Consolidated Football Federation's Web site, [www.cff-popwarner.com](http://www.cff-popwarner.com), provides information about the Challenger Division and the registration materials. You can also e-mail [challenger@cff-popwarner.com](mailto:challenger@cff-popwarner.com) or call 919-306-3822.